



## Notes

- The sport study contract is filled in by the athlete and the coordinator during the check-up before/at the beginning of each study period (semester, year).
- The University can decide if there can be other exceptional admission points in time (when changes in sport or study appear).

### Study year

#### PERSONAL DATA

**Name**

**First name**

**Gender**

**Date of birth**

**Email**

**Website**

**Social media accounts**

#### SPORT

**Sport + discipline**

(Track and field sprint hurdles)

**Squad membership<sup>1</sup>**

(national junior team)

- The qualification criteria are anticipated to be defined by the entity/entities which provide the resources for the programme.

**Primary training location(s)**

**Main sport coach contact info**

(Name, phone, mail, other)

- This field is optional as its relevance and practicability is system-dependent (based on the positioning and role of the coordinator).

**Biggest successes overall**

(3th European championships 100 m)

<sup>1</sup> Including verification by federation or club (cross-check with qualification criteria)





**Biggest successes in the last study year**

(national Champion 100m)

**Main upcoming competitions 20..-20..**

- 2 reasons: facilitate progress planning, identify primary PR moments for university

(3 world cups, world junior championships)

**STUDIES**

**Student number**

**Programme**

**Extent**

(full time, part time)

**Type (regular, online, blended learning)**

**Regular**

**Online**

**Blended**

**Field of study**

**Number of semesters**

**ECTS acquired so far**

**OBJECTIVE AGREEMENT**

**Study progress**

(Sem 1 sept Feb)

(Sem 2 March July)

- A detailed planning is done for the next semester, an overall objective is defined for the whole study year.
- Time planning templates are attached

(30 minimum ECTS achievement)

**Flex request**

- Optimally, the sport coach is included in the main check-up session.
- The athlete should be in charge regarding the communication with the professors (to increase personal development processes and decrease admin efforts).

However, the preparation of potential flex solutions to facilitate the negotiations with the professors should be done in the check-up session between the athlete and the coordinator (based on the flex request document).

**Check-ups**

- Minimum standard: 2 check-ups per contract period
- Mention which check-ups should be prioritized in case of limited resources.
- Visually include the points in time of the check-ups in the semester planning template.

**Checkup 1:** (Nov, semester break)

**Checkup 2:** (April halfway sem 2)






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**University representation**

- Provide a list of potential items.

(1 participation in the University team, university logo in soc media posts, links to University website on soc media)

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**Lessons learnt**

- To be filled at the final annual check-up in collaboration between the coordinator and the athlete (and, potentially, the sport coach).

(goals achieved, more checkup necessary, sport coach must be more involved, ...)

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**Date:**

**Date:**

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**Signature**

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**Signature**

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**Name student athlete:**

**Name study coordinator:**





# FLEX REQUEST FORM

## STUDY YEAR

### PERSONAL DATA

**Name**

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**First name**

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**Gender**

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**Date of birth**

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**Email**

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**Phone**

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**Student number**

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**Field of study**

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**Request period**

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**Name coordinator**

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**First name**

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**Email**

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**phone**

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Date	Course	Issue	Reason
Sept 20 -25	Maths	Absent 3 classes + presentation	Junior championships
	Economics	Exam postponement	

