



GUIDELINE

- 1.** Try to imagine yourself, 15–20 years down the line, getting inducted into the Hall of Fame in front of all the important people in your life.
- 2.** Create a mental picture in your head of the life you want to have lived until then and all the things you want to have accomplished. Try to make this picture as clear as possible: What kind of person will you be? How are you going to feel on that day? Who will be with you?
- 3.** Now imagine that you have to give your speech. What would you like to tell the people in front of you about your career and life?
- 4.** Use the next page of this worksheet (or take a piece of paper) and start writing the speech that you want to give at your Hall of Fame induction.
- 5.** Answer the following questions in your speech:

What kind of person, student and athlete are you?

How and why did you choose your sport?

What do you particularly like about it?

What do you enjoy doing besides your sport (activities & hobbies)?

What kind of person, student and athlete are you?

How and why did you choose your sport?

What do you particularly like about it?

- 6.** Having written your speech, you will have a better idea of what you want to achieve in sport and life. Keep your speech somewhere safe and read it from time to time to verify, if your current behaviour, goals and progress are still in line with your vision.





My Hall of Fame Speech

A large, empty rectangular area intended for writing the 'My Hall of Fame Speech'.

