



EDUCATION

Research educational programmes within your identified study areas. Check their detailed content and associated job profiles. Also check the education institutions for their “competitive sport friendliness”. These answers can usually be found in the study regulations on the website of the respective institute and further support can be obtained from its student advisory service. To complete your picture of the course of studies, you can also exchange information with other students.

Below are a few questions to guide you. Make sure to complete the list with your own questions.

General			
What are modules taught in your subject of interest?			
What requirements and/or prior learning do these subjects need?			
Do these subjects have limited or restricted access?	<input type="checkbox"/> yes	<input type="checkbox"/> no	
What are the costs of the programme? Can I afford them?	<input type="checkbox"/> yes	<input type="checkbox"/> no	
Does the institute offer any kind of scholarships?	<input type="checkbox"/> yes	<input type="checkbox"/> no	
Competitive sport friendliness			
Does the institute offer a student athlete status?	<input type="checkbox"/> yes	<input type="checkbox"/> no	
What kind of other services and support does the institute provide that could help me?			
Can the study duration be extended and/or can I study part-time?	<input type="checkbox"/> yes	<input type="checkbox"/> no	
Can I interrupt my studies to pick up at a later stage?	<input type="checkbox"/> yes	<input type="checkbox"/> no	
Study flexibility			
Does the institute offer courses also as podcast and/or eLearning?	<input type="checkbox"/> yes	<input type="checkbox"/> partly	<input type="checkbox"/> no
Are compulsory courses held multiple times?	<input type="checkbox"/> yes	<input type="checkbox"/> partly	<input type="checkbox"/> no





Can any work placements be completed at a time of my choice?	<input type="checkbox"/> yes	<input type="checkbox"/> partly	<input type="checkbox"/> no
Are courses offered in both the winter and the summer semester?	<input type="checkbox"/> yes	<input type="checkbox"/> partly	<input type="checkbox"/> no
Are there rules on compulsory attendance?	<input type="checkbox"/> yes	<input type="checkbox"/> partly	<input type="checkbox"/> no
Is there flexibility for exam dates?	<input type="checkbox"/> yes	<input type="checkbox"/> partly	<input type="checkbox"/> no
Associated job profile			
What kind of jobs will I be able to do with my chosen educational area?			
Can I imagine myself in one of those jobs?	<input type="checkbox"/> yes	<input type="checkbox"/> no	
Other questions			

SPORT

Find out what your sporting plans are for the next few years. Assume the maximum training and competition load. For each option find out where, when and how you train. Also consider the number, location and duration of your competitions. Include all possible nominations, even if the selections take place later. To complete your picture, exchange with your coach and/or club and federation.

Below are a few questions to guide you. Make sure to complete the list with your own questions.

Training			
How many hours of training will I have per week?			
What will be my training times and can I fix them myself?	<input type="checkbox"/> yes	<input type="checkbox"/> partly	<input type="checkbox"/> no





What kind of facilities does the training centre possess?			
Will the training location remain the same for the next few years? If no, will I still be able to finish my studies?	<input type="checkbox"/> yes	<input type="checkbox"/> no	<input type="checkbox"/> I don't know
	<input type="checkbox"/> yes		<input type="checkbox"/> no
How often and how long will I have to be away from the educational programme for training camps?			
Competition			
Will I be able to choose what competitions to take part in?	<input type="checkbox"/> yes		<input type="checkbox"/> no
Will I be able to not take part in certain competitions?	<input type="checkbox"/> yes		<input type="checkbox"/> no
Do my competitions clash with semester times and/or exams?	<input type="checkbox"/> yes		<input type="checkbox"/> no
How often will I be abroad for competition purposes?			
How long will I be away from the educational programme for competition purposes (including travel time)?			
Other questions			

OTHER ASPECTS

Every person is unique and has a different environment and entourage. How you can combine performance sport and study depends, among other things, on your personal situation and on the support you can get from your entourage. Make sure to exchange with all the people concerned, to complete your picture.





Below are a few questions to guide you. Make sure to complete the list with your own questions.

Living situation		
What are accommodation possibilities?		
What is the distance from your potential living situation to the training and the institute?		
Can I use travelling time in a purposeful manner?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Entourage		
Will my coach, club and federation support my decision to study?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Will my family support my decision to study?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Will my family support my decision to continue my sporting career?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Will I have friends that can support me in the new situation?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Personal		
Do I learn efficiently?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Do I plan well?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Do I possess the necessary capabilities to finish my studies?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Am I willing to continue my studies even in difficult times?	<input type="checkbox"/> yes	<input type="checkbox"/> no
Other questions		

